

NATHAN DENETTE/THE CANADIAN PRESS



► Take dark denim and dress it up with a shawl.



► Spice up an office outfit by adding a snazzy belt.

# His and hers festive looks

► With social calendars filling up at this time of the year, many of us are combing through our closets for snazzy ensembles ► Two leading image and fashion consultants help you reimagine pieces you have at home

## WOMEN

Erin Nadler, president of Better Styled, a full-service fashion consultation firm for women, said shoppers should invest in core, classic, well-fitting pieces for all occasions.

"What makes it classic is the fabric and cut, what works for your body type, image and look you're trying to achieve," she said.

With many after-hours functions taking place right after work, some partygoers may be seeking a quick transition to spice up their office attire for

the big night.

"Easy little things they can bring along with them in the morning is really what I'm seeing the corporate woman do," said Nadler.

It's simple to dress up a black pantsuit by adding a little colored belt and either wearing a shoe in the same hue or a black low-cut, high-heeled bootie, Nadler said.

If you want to switch out your pants for a skirt, consider pairing it with a satin top or ruffled blouse, Nadler suggested.

Adding accessories like

a pair of dropped chandelier earrings can take a look to evening, as can a sparkling sequined envelope purse or donning a simple hair accessory, she noted.

Nadler said it's important to keep in mind for office functions that you're still around people you work with so your corporate image should remain.

For a laid-back yet still stylish look, Nadler said dark denim jeans are an essential that can easily be dressed up.

She suggested then taking a basic white blouse

and adding a shawl or wrap, some of which feature embellishments like grommet details.

"If it's a plain pashmina you already own, you can always just take it and add a great brooch or a fabulous necklace with it instead," she said.

To complete the look, another footwear item Nadler said is huge for the season is the riding boot, which can be paired with jeans either tucked in or left untucked.

"For somebody who's going to a more casual party, it's great," Nadler said.



► Leah Morrigan, a styling consultant for men.

Text SHOE to 77777 to receive 20% off your next Payless® purchase and be the first to receive early notice of future sales and exclusive offers to your mobile device!  
Valid 11/30/10 - 12/25/10. Message and data rates may apply. ©2010 PSSH. Styles vary by store. While quantities last.  
Sale runs November 30 through December 25, 2010.

holiday heels  
starting at **29.99**  
our reg price 39.99 - 44.99

**Payless**  
SHOESOURCE®



## MEN

Leah Morrigan, principal of Leah Morrigan Image Consulting for Men, said when working with clients, she typically builds what she describes as a "module" that comprises of core essentials.

For winter, some of those key pieces would include a suit, a couple of pairs of trousers, some denim, a few shirts and a sweater that matches.

Such classic pieces can be integral to the holiday ensemble. And for those who are a bit more daring in their fashion choices, Morrigan said the festive season is all about drama.

"You can go a bit fancy. You can wear sheers, silks, things with a nice drape, a nice sheen. Even satins, anything like that will be wonderful," she said.

For what she described as a dramatic look, she pulled together a sleek black Italian suit paired with a red patterned shirt with a black collar.

Morrigan said that previously, a man's tie served as the palette for playing with colour. Now she sees a similar role for the cuff.

Much like women's jewelry, Morrigan said cuff-

flinks are guys' accessories, with variations to choose from including sparkly rhinestones, platinum and even cartoons.

"There are all sorts and types that can help add a little extra to their look."

For a more casual yet fashionable outfit for a house party, Morrigan said dark wash denim is a versatile pant. She paired it with a velvet coat, button-down shirt and a belt.

If you'd prefer to lose the jacket, wear the French-cuffed shirt with cufflinks, or perhaps pair the shirt with a V-neck sweater or cardigan.

"Again, you'll be able to pull out a little bit and show the cuff to show out the cufflink."

To transition an office look to evening, Morrigan suggested ditching the tie and adding a pocket square to a jacket, which can help dress up the look.

Scarves can be a stylish accessory.

The consultant encourages men to be realistic both about their build and shape when selecting items and to go for items they can wear with ease, so that they are true to themselves.

THE CANADIAN PRESS

**FKLASER ANTI AGING CENTER**

GUARANTEED BEST RATES IN TORONTO

CALL US FOR UNBELIEVABLE SPECIAL PACKAGE OFFERS

LASER HAIR REMOVAL		OTHER SERVICES
Full Legs \$150	Back/Chest \$150	Photofacial \$150
Full Arms \$100	Bikini \$50	Skin Resurfacing \$250
Face \$50	Underarms \$30	PCI for Acne Scars and Fine Lines.
Whole Body \$300		Treatments for Hair Loss or Eminent Baldness

Call us to book your FREE CONSULTATION now  
416.432.9134 or 416.730.8035 • 147 Finch Ave. W.

**Holiday Season Special Offer**

facial rejuvenation

**Botox® Cosmetic \$8**  
per unit

**Microdermabrasion \$50**  
per session

**Elite™ Laser FACIAL \$150**  
per session

laser hair removal

**Bikini + Lower Legs + Underarms \$200**  
per session

**Gift Cards**

Now available Call for details

St. Clair Cosmetic & Laser Clinic  
416-652-1288  
1223 St. Clair Ave. West, Suite 205  
www.StClairCosmeticAndLaser.com



## Look great at any age

- Breast Augmentation
- Lip Augmentation
- Liposuction
- BOTOX® Treatment
- Vaginal Tightening Surgery
- Laser Hair Removal
- Nonsurgical Fat Removal
- Skin Tightening
- Labioplasty
- Laser Tattoo Removal
- Nose Surgery
- Wrinkle Removal

Call **416-221-5554** today to book your free consultation or visit [www.TCclinic.com](http://www.TCclinic.com) to explore all of your options.



**ONE DAY SALE**

**Sunday**  
**December 5<sup>th</sup>**  
**11am - 5pm**

**Selected Bridal Gowns**

**\$499\***

No appointment necessary,  
first come first served.

\*Choose from selected styles excluding new arrivals. Gowns must be paid in full and taken, but are eligible for alterations at a later date. There will be no special orders during this event.

**Amanda-Lina's**  
Spasa Boutique

visit [www.amandalinas.com](http://www.amandalinas.com)  
177 Whitmore Rd, Unit 7, Woodbridge 905-265-8707